

Caterpillar Walking Club

Health and Safety Policy Statement

The Caterpillar Walking Club is run by volunteers who organise walking events across the UK and occasionally abroad. The aim of the Club is to provide a variety of non-competitive walking and social events for the recreation and well-being of its members.

The Caterpillar Walking Club recognises that it has a legal obligation towards the health and safety of its members:

- the club shall demonstrate its commitment to the protection of its members against the risk of harm or injury by producing a Health and Safety Policy
- the policy shall be written in consultation with the club's committee and the club members so that as many people as possible understand the policy to put it in to practice.
- To protect the club, and to ensure that we monitor and learn from all accidents injuries and near misses, we shall keep an Incident Log, so as to prevent recurrence.
- Walking activities shall be risk assessed in order to minimise the risk to club members third party and property.
- The Club shall elect a Health and Safety Officer to oversee that activities are carried out with all risks minimised.
- Health and safety shall be a standing agenda item on all committee meetings, minutes of meetings are taken.
- Safety information and guidelines are produced and published on the website and newsletter.
- Training in leadership and navigation is offered to members.